Clinical Guidelines Contents

Summary

- I. Introduction
- II. Methods to prepare the guidelines
- III. Describing alcohol consumption and alcohol related harm
- IV. Alcohol and health
- V. Identifying hazardous and harmful alcohol consumption
- VI. Effectiveness of brief interventions
- VII. Cost and cost effectiveness of brief interventions
- VIII.Implementing identification and brief intervention programmes
- XI. Assessing the harm done by alcohol and alcohol dependence

Annexe

Acknowledgements



Available on-line in Catalan, Czech, English, Greek, Polish, Slovak, Slovene, Spanish

Training Programme

- 1. Introduction and basic concepts
 - Alcohol and health
 - Drinking patterns
- 2. Early Identification
 - Identification tools (AUDIT, AUDIT-C)
- 3. Brief Intervention I
 - Stages of change theory
 - Basic components of EIBI
- 4. Brief Intervention II
 - Motivational approach
 - Follow up techniques
- 5. Alcohol Dependence
 - CIE -10 Criteria
 - Treatment strategies
 - Referral criteria
- 6. Implementation of the EIBI alcohol programme



Available on-line in Czech, German, Italian, Polish, Slovak, Slovene.

Online database: www.phepa.net

THE INFORMATION IS ORGANIZED AS FOLLOWS:



KEY FINDING

One sentence that summarizes the main evidence.

COMMENTARY

Detailed explanations with references to studies. Graphics, tables with results, etc.

SUPPORTING EVIDENCE

References of the articles, books, etc. with links to the web pages sources (e.g.: PubMed)

THE DATABASE INCLUDES SIX MAIN SECTIONS:

- Health effects
- Identifying hazardous and harmful alcohol consumption
- Efficay of interventions
- Cost effectiveness
- Implementing brief interventions
- Supportive alcohol policy measures

Country Implementation

- Creation of working groups at a country level
- Assessment tool and a registry to assess and document the current status of services for brief interventions in all partner countries
- Design of a country based national strategy



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Project on disseminating brief interventions on alcohol problems Europe wide

www.phepa.net

Introduction

- Alcohol is a main public health problem that contributes enormously to the workload of Primary Health Care professionals.
- European Primary Health Care professionals need training and clear guidelines on how to intervene in alcohol related problems. ranging from risky drinking to severe dependence.

Phepa contribution

- The Phepa project, cofinanced by European Commission, has helped to create an important network of European scientists devoted to the SBI field
- The benefits of this network are both scientific and strategic, since its existence acts by itself as a 'lobbying' group.
- Phepa has contributed to the homogenisation of the intervention criteria at European Level by producing and rolling out European clinical guidelines on alcohol, a training programme for Primary Health Care, a web site on good clinical practice and a series of country based strategies.

What is available in www.phepa.net?

- European recommendations and clinical guidelines for health care purchasers and providers.
- European training program for primary health care professionals.
- Comprehensive internet site database on good practice, providing the evidence base in the domains of health, efficacy, costs and policy.
- Series of country specific dissemination experiences and strategies.

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